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Pop goes the soda tax?

San Francisco and Berkeley aiming to become first U.S. cities to pass per-ounce taxes on sugary drinks PAGE 10 TO CHIMPAN-'Z'

METRO'S RICHARD CROUSE FOLLOWS THOSE DAMN **DIRTY APES FROM THE** MAKEUP-HEAVY EARLY FILMS TO THE NEW CGI BLOCKBUSTER PAGE 12



Germany's Andre Schuerrle celebrates after scoring his team's seventh goal during the World Cup semifinal match against Brazil at Mineirao Stadium in Belo Horizonte, Brazil, on Tuesday. The Germans demolished the hosts 7-1. Story, page 19. MARTIN MEISSNER/THE ASSOCIATED PRESS

Albertans asked to step up to the (licence) plate

No 'country' for new **plates.** Province rolls out slogan-free designs, online voters are invited to pick their favourite



ROBSON FLETCHER

Albertans will be consulted through an online survey over three proposed licence-plate designs before the provincial government picks one and raises the vehicle-registration fee by \$5.

Premier Dave Hancock announced the voting process Tuesday, saying it will "help decide which design best represents the province" as Alberta undertakes its first licence-plate redesign in 30 years.

None of the three designs includes the "Wild Rose Country" slogan emblazoned at the bottom of current plates. Rather, all three include a website address: alberta.ca.

Asked if that decision had anything to do with the name of the opposition Wildrose party, Service Alberta Minister Doug Griffiths replied flatly:

Rather, Griffiths said Alberta

is just getting with the times.

"A lot of jurisdictions around North America are actually moving toward a website at the bottom," he said.

Justice Minister Jonathan Denis said the new plates will have reflective material and greater contrast between the background and the letters and numerals.

"The new plates will be easier to see in both day and night and thus will allow police

The province estimates it will cost \$15 million to produce and roll out new plates for all of Alberta's 4.8 million registered vehicles over a two-year period.

to more easily identify unregistered, uninsured or even stolen vehicles," he said.

Griffiths said the online survey will also allow for qualitative comments about the plate designs and the final designs may be tweaked before the plates are manufactured.

The online survey is open until Aug. 19 and is not restricted to one vote per user, Griffiths added. He doesn't expect people will try to abuse the voting system, but if they do, he said that will be addressed.





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Mediated settlement

Nurses, AHS reach tentative deal

The president of Alberta's nursing union is recommending her members accept a mediated settlement with the province for a new four-year deal.

The mediator's proposal was announced late Tuesday and is being recommended by the negotiating committees of the United Nurses of Alberta (UNA), Alberta Health Services (AHS) and Covenant Health.

The deal includes a lump-sum payment of \$2,000 for 2013, a two per cent increase and a \$1,000 lump sum for 2014. In 2015, they will receive another \$1,000 lump-sum payment and a 2.25 per cent increase. In the final year of the contract they will receive a three per cent increase.

UNA president Heather Smith said the deal is a good one for members and she hopes to see it ratified. She said that with the government's Bill 45 looming over their heads, they are eager to move on.

'It's our assessment that this is the best that can be achieved in the environment," she said.

Smith said AHS started negotiations looking to strip scheduling provisions set in previous contracts, and they are glad to have kept those proposals at bay.

We're not going backward. Hopefully, we are going forward," she said.

AHS had little to say about the new offer, with spokesperson Kerry Williamson saying only that they await to see if the deal is ratified.

Smith said the union is going to decide whether to put the deal to a vote on July 15. ryan tumilty/metro

July 18. Oil Kings crowned K-Days parade marshals St. Albert. RCMP hunting for wayward penguins

The city's Memorial Cupwinning hockey team will lead the way for the K-Days parade downtown on July 18, as announced Tuesday.

"For any team, any time to be parade marshals for such an auspicious event ... is really special," said Patrick LaForge, president of the Edmonton

The Oil Kings will be joined by the Princess Patricia's Canadian Light Infantry, who will be serving as this year's Honourary Parade Marshals in recognition of their 100 years of service. Stephanie dubois/metro



Patrick LaForge, president of the Edmonton Oilers, thanks K-Days

It was unlikely that their happy feet carried them away on their own.

St. Albert RCMP are trying to find a "Three Penguins" statue that was taken from the Smart Centre sometime between July 5 at 9 p.m. and July 6 at 11 a.m.

The centre is at the corner of Villeneuve Road and St. Alberta Trail, and the statue was near the Walmart and McDonald's restaurant.

The statue has been valued at between \$2,000 and



Rossdale plans move along ever so slowly

Fate of Telus Field. Ballpark likely to stay

put as council puts other decisions on hold



TUMILTY ltv@metronews.ca

City administration got more questions than answers Tuesday as council asked for more information before making any major decisions on the redevelopment of West Rossdale.

Administration had hoped to get answers on the city's broad goals, the future of the Rossdale Power Plant and even the possibility of a canal through the area, but the only thing council firmly decided was to keep Telus Field.

Demolishing the ballpark had been a consideration, but Mayor Don Iveson said he sees no good reason to tear it down.

Unless or until we hit a brick wall on some costs or something, I think we should carry on as if we intend to have baseball in our baseball diamond," he said.

As for the other issues, Iveson said council "needs a lot more information about what we can build down there and what is financially responsible for us to do.'

Lynn Parish with the Rossdale community league said they are frustrated with the slow pace, but she was glad to see council appearing to be take the issue seriously.

"I will temper my frustration with appreciation for the care that is being taken," she





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Man's company bankrupt weeks before disappearance

Amber Alert. Police interview former coworkers of Alvin Liknes

Detectives have interviewed former staffers of a freshly bankrupt gas exploration company founded and managed by missing Calgary man Alvin Liknes, Metro has learned.

Police have declined to delve into specifics on Liknes' business dealings and how they pertain to their investigation into the mysterious triple abduction case involving the businessman, his wife and five-year-old grandson Nathan O'Brien.

But Marek Kozera — one of eight people who lost their jobs when Winter Petroleum Ltd. folded weeks ago — said he told investigators "everything" about his former boss and the company's financial

"I would like to help them as much as I can," Kozera told Metro. "This is very unfortunate; it looks like a tragic

"I really hope this has nothing to do with Winter."

Little has been made public about the family's past, but Kozera said the elder Liknes headed up the cash-strapped junior petroleum firm.

The company had its equipment seized by a rural Alberta county to which it owed roughly \$800,000 in property taxes and late penalties, according to Kozera, the company's ex-chief operating officer.

Kozera said he and all of Winter's employees officially resigned June 25.

The Liknes couple and young Nathan were first reported missing from a home in Calgary's Parkhill neighbourhood June 30. Police have said a "violent crime" occurred inside the home and the trio did not leave voluntarily.

Over the weekend, an army of Calgary police and RCMP members converged on an acreage north of Airdrie after a vehicle similar to one caught on CCTV footage in Parkhill was seen on the property.

Reporters were told Tues-



day the search would carry on

RCMP Insp. Garrett Woolsey said the grid being surveyed spanned several square kilometres and his tactical team was taking its cues from Calgary police investigators.

Senior police spokesperson Kevin Brookwell said "a number of items" had been seized from the property since search

efforts kicked into high gear Saturday. Brookwell said analysis of the evidence is being "expedited" by crime lab staff. BRYAN WEISMILLER & JEREMY NOLAIS/

River Valley. Access plans moving forward

Getting into Edmonton's River Valley could be a little easier after city councillors voted to move ahead with plans for an inclined elevator near the Hotel MacDon-

City council killed plans for a gondola or funicular system on 104 Street last year, but asked administration to come up with other ways to get into the valley.

The city has \$72 million in funding available through the River Valley Alliance for improvements and access had been a major area they wanted to address.

Mayor Don Iveson said it's good to have the idea moving forward. He said the proposal wouldn't change how people are getting into the valley now, but would just provide another option.

There would be a staircase for the stair climbers, but there would also be mechanized access," he said.

The city is proposing to use remaining funds for a promenade project near the water, as well as a possible second elevator on the south of the river. RYAN TUMILTY/METRO

Odysseo by Cavalia ready to blow Edmonton away



by Cavalia stage. STEPHANIE DUBOIS/METRO

Odysseo by Cavalia is more than just a show with horses, according to the show's artistic director Norman Latourelle.

With a suspended carousel, a flooded stage and artistic performers bending in every which way, the second Cavalia show will kick off in Edmonton Wednesday night.

Special guests and media

had a sneak preview of the show on Tuesday, with performers entertaining guests with stunts on their fourlegged steeds.

You will be blown away," said Latourelle.

The 1,626-square-metre stage allows for space for the 64 horses and 45 artists to offer the viewer "a world of dreams," according to show

The entertaining act also uses horses brought in from around the world, including parts of Alberta, that work alongside acrobats and other performers.

Odysseo stage and wonder of a permanent show that one would see in places like Las Vegas, said Latourelle.

The show's creator added the demand for the performance by Edmonton fans has been so high that they've extended the show dates in Alberta's capital by one more week.

Odysseo by Cavalia starts at the White Big Tent on Wednesday, located just off Fort Road.

STEPHANIE DUBOIS/METRO



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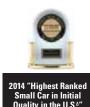
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Want to change the world? Good. Now find 99 other people

100 People Who Care.

Group aims to give \$10,000 to different charities



LEAH GERMAIN leah.germain@metronews.c

Philanthropic Edmontonians strapped for extra time to volunteer could find themselves cracking open their wallet and doling out \$100 to show they care.

The idea for a new organization in the city, called 100 People Who Care, came from similar groups that have sprouted up across the U.S. and Canada.

The group's mandate is simple: Gather 100 people, collect \$100 from each per-

son and pass along a \$10,000 donation to any chosen charity.

Organizer Elaine Wilson said 100 People is about a collective of individuals who want to make an impact.

"There are a lot of people getting disenfranchised with some of the donation opportunities, walks, runs, etc., where most of the money raised is going to administration or the function, but the actual cash getting to the charity is not what we hoped it would be."

Edmonton has many organizations and charities that don't get the same attention as larger ones, said Wilson.

"Organizations like that can use an infusion of \$10,000 in cash. That would make a huge difference to them," Wilson said.

For local mom Kate

Be one of the hundred

Edmonton's 100 People Who Care will be holding its first meeting July 29 at Expressionz Café at 6:30 p.m.

More information on the group can be found online at 100peoplewhocare.org.

Hutzul, the 100 People plan is perfect for her busy lifestyle.

"We feel like we want to do so much, but we're so busy and we don't feel like we have the time to volunteer somewhere or put in the time we want to," said Hutzul, who joined with her husband.

With 20 members so far, the group is looking to expand, Wilson said.

Vote Anywhere

Elections Alberta recommends ways to make voting easier

Alberta university students could be saved the hassle of a last-minute scramble to vote for the next provincial election as Elections Alberta recommends options for voters living away from home.

Last week, Chief Electoral Officer Glen Resler recommended launching a Vote Anywhere initiative for Albertans, including university students, to vote outside their home riding, along with deleting the requirement for a six-month residency.

"We've met with the student groups on many occasions to find out how we can get students involved in the process and make it easier for them to participate in the voting process," said Drew Westwater, spokesperson for Elections Alberta.

Vote Anywhere will benefit more than just students, Westwater said, adding camp workers and people travelling for their job would be able to vote outside their home riding. LEAH GERMAIN/METRO

Richard Joseph Lacarte. Police issue Canada-wide warrant in Oliver homicide

Edmonton police have issued a Canada-wide warrant on second-degree murder charges in connection to the death of Demetrios Karahalios.

Karahalios was found dead inside an Oliver home on March 8. Police determined his case was a homicide, but didn't release the cause of death.

The warrant is for Richard Joseph Lacarte, 47, who is described as a Caucasian male, five-foot-nine and 150 pounds, with blue eyes and grey hair. He is missing some teeth and may

have a beard.

In a news release, police said Lacarte is a drifter, who has resided at several addresses across the country.

As a beloved member of the city's LGBT community, the 48-year-old Karahalios was mourned in Edmonton and Saskatoon where he lived and worked.

Shortly after his death, Metro spoke with a close friend of Karahalios, who called the man "always willing to help" with a big heart. LEAH GERMAIN/METRO





metronews.ca Wednesday, July 9, 2014

Critics say \$20M not enough to help sex workers

'It's a start, but that's all it is.' Five-year funding proposal from the Harper government is not part of Bill C-36

A diverse chorus of aboriginal women, police leaders and former prostitutes took turns Tuesday denouncing as insufficient the Harper government's

five-year, \$20-million pledge to help sex workers leave the industry.

The steady barrage of criticism came on the second day of rare summer hearings by the House of Commons justice committee as it examines Bill C-36, the government's proposed new prostitution bill.

The offer of funding fits the so-called "Nordic model" that several Scandinavian countries have adopted to fight prostitution, and which the Harper government's proposed legislation appears designed to emulate.

In addition to making it illegal to be a client or a pimp, the Conservative government approach calls for social spending to help exploited women get out of the sex industry.

Justice Minister MacKay has said the government hopes the funding, along with the new bill, will foster an end to prostitution entirely.

"From our perspective, \$20 million is peanuts," said Michèle Audette, president of the Native Women's Association of

Audette linked the prostitution issue to the broader problem of missing and murdered aboriginal women in Canada. Aboriginal groups and international organizations have asked the Harper government to conduct a federal inquiry into the problem.

Rick Hanson, Calgary's police chief, described the \$20-million pledge, which he said amounts to \$125,000 a year in Calgary, as "woefully inadequate.'

Hanson said the underlying causes of prostitution — child abuse, drug addiction and domestic violence - need to be addressed.

"I can tell you that \$20 million, when you actually spread it across five years, and you spread it across the country, it's a start, but that's all it is

The Supreme Court of Canada struck down the existing prostitution law last December and gave the government one year to bring in a replacement.

The \$20-million commitment is an additional government commitment to help women get out of the sex industry, but it is not part of the actual bill. THE CANADIAN PRESS



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Maryland

Six vials of smallpox found in FDA facility

A government scientist cleaning out an old storage room at a research centre in Maryland made a startling discovery last week decades-old vials of smallpox packed away and forgotten in a cardboard box.

The six glass vials were intact and sealed, and scientists have yet to establish whether the virus is dead or alive, the

Centers for Disease Control and Prevention said Tuesday.

Officials said this is the first time in the U.S. that unaccounted-for smallpox has been discovered.

The freeze-dried smallpox samples were found in a building at the National Institutes of Health in Bethesda, Md., that has been used by the Food and Drug Administration since 1972, according to the CDC. No one has been infected.

There has long been debate over whether to destroy the world's stockpile. THE ASSOCIATED PRESS

Oklahoma. iPhone travels to Japan before being reunited with owner

An Oklahoma farmer's iPhone that was lost when it fell into a grain elevator has been returned to him unscathed after it was found in Japan.

Kevin Whitney lost the phone in October when it slipped out of his shirt pocket as he was unloading grain from a truck into a silo in Chickasha.

The load travelled to a depot in Convent, La., and then

loaded onto a ship bound for the island of Hokkaido, Japan. A worker at a Japanese facility phoned a counterpart in Louisiana, who called Whitney in late May asking if he lost an iPhone.

Whitney says he's glad to get the phone back because it had photos stored on it from his daughter's wedding and vacation. He thought those were lost forever. THE ASSOCIATED PRESS



metronews.ca Wednesday, July 9, 2014 metr⊕ **NEWS**

Washington. Sales of recreational pot begin

Washington on Tuesday became the second state to allow people to buy marijuana legally in the U.S. without a doctor's note as eager customers who lined up outside stores made their purchases and savoured the moment.

People began buying marijuana at 8 a.m. at Top Shelf Cannabis, one of two Bellingham stores that started selling the drug as soon as it was allowed under state regulations. Several dozen people waited outside before the doors opened at the shop in this liberal college town of about 80,000 north of Seattle.

Cale Holdsworth, 29, of Kansas, made the first purchase: two grams of pot for \$26.50. As customers applauded, he held his brown bag aloft and said, "This is a great moment.'

The start of legal pot sales in Washington marks a major step that's been 20 months in the making.

Washington and Colorado stunned much of America by voting in November 2012 to legalize marijuana for adults over 21, and to create statelicensed systems for growing, selling and taxing pot. Sales began in Colorado on Jan. 1.

Washington issued its first 24 retail licences Monday. An Associated Press survey of the licensees showed only about six planned to open Tuesday. THE ASSOCIATED PRESS

Six Flags

Roller-coaster hits tree branch. leaves riders to hang for hours

A roller-coaster hit a tree branch at the Six Flags Magic Mountain amusement park in Valencia, Calif., Monday, leaving four people slightly injured and keeping nearly two dozen riders hanging six to nine metres in the air for hours as day turned to night.

Two people were taken to a hospital, but all the injuries were minor, fire and park officials said. THE ASSOCIATED PRESS

Chicago

Fourth of July weekend gun violence claims 15th victim

Chicago's Independence Day weekend death toll has climbed to 15 with the death of a man who was shot just before midnight Sunday.

Officials say 25-yearold William Allen was pronounced dead Monday afternoon. Police say Allen was shot Sunday night.

Allen was one of more than 50 people shot over the U.S. long weekend. THE ASSOCIATED PRESS



'Prince of Pot' prepares for U.S. prison release

New landscape.

Canada's Marc Emery meets a different world upon release

When the poster child for marijuana legalization is released from a U.S. prison later this week, he'll be re-entering a world where many of his ideas have taken root and in some places have sprouted right up.

Marc Emery, Canada's self-

styled "Prince of Pot," concludes a five-year sentence on Wednesday and will emerge into a lucrative marijuana landscape, where two U.S. states are now issuing recreational pot licences and medical growers are reaping profits.
The 56-year-old Vancouver

resident was extradited to Seattle in May 2010, when he pleaded guilty to selling marijuana seeds from Canada to American customers before serving his time in several U.S. corrections' facilities.

On Monday, Washington

state distributed for the first time licences to 24 shopkeepers who will hawk legal marijuana, while New York simultaneously became the 23rd U.S. state to authorize pot as medicinal treatment.

"I wish he hadn't gone to prison," said his wife, Jodie Emery, in an interview.

She lauded her husband for spurring much of the shift in legal regulations and social consciousness while he's been locked away.

"Marc (can take) a lot of credit for everything happening in the United States. And of course it's a wonderful feeling to see that his mission has been accomplished," said the 29-year-old, who's assumed much of the advocacy work and has been managing their paraphernalia marijuana

Emery will be transported on Thursday to a private deportation facility in Louisiana, where paperwork must be completed and a flight booked to Detroit. His estimated return is between Aug. 10 and 25. The Canadian press

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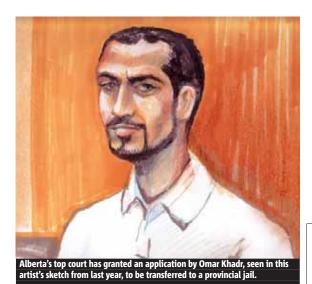
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metronews.ca Wednesday, July 9, 2014 **NEWS**



Alberta court orders Khadr transferred to provincial jail

Appeal planned. The federal government says it now will ask the Supreme Court to hear the case

Alberta's top court has granted an application by former Guantanamo Bay detainee Omar Khadr to be transferred to a provincial jail.

The Appeal Court ruled the 27-year-old should have been serving a youth sentence in Canada. "We have concluded that the chambers judge erred in law in finding that Khadr was properly placed in a federal penitentiary under the ITOA (International Transfer of Of-

"This government chose to misinterpret the International Transfer of Offenders Act and place Omar in a maximum security prison, where he spent the first seven months in solitary confinement, instead treating him as a youth as required under both Canadian and international law."

Dennis Edney, Omar Khadr's lawyer

fenders Act)," the court wrote in its unanimous decision, released Tuesday. "We conclude that Khadr ought to have been placed in a provincial correctional facility for adults."

The federal government said it plans to appeal the ruling and it will apply to delay the transfer while it asks the Supreme Court to hear the

After spending a decade in Guantanamo Bay, Khadr was sentenced by a U.S. military commission to an additional eight years and sent to Can-

The commission made no distinction between youth and adult punishment or between consecutive and concurrent sentences when it handed him the eight-year term. When he was transferred to Canada in 2012, corrections authorities took him into adult custody.

Khadr's lawyers argued that the eight-year term for crimes that included murder only made sense as a youth sentence and, although he's now too old to be in a youth facility, Khadr should at least be moved to a provincial jail.

Lawyers for the federal government argued that the decision of a foreign court cannot be tampered with and that Khadr had been given eight years as a youth for murder and the sentences on four remaining offences were to be served concurrently as an adult. THE CANADIAN PRESS

Afghanistan election

Presidential hopeful cries fraud in runoff

Afghan presidential candidate Abdullah Abdullah defiantly told thousands of supporters Tuesday that he will declare victory in the election, claiming massive fraud was responsible for preliminary results that put his rival in the lead.

The Afghan Independent Election Commission

released preliminary results from the June 14 runoff showing former finance minister Ashraf Ghani Ahmadzai well in the lead but said no winner could be declared because millions of ballots were being audited for fraud. That was a sharp turnaround from the first round of voting on April 5 when Abdullah garnered the most votes with 46 per cent to Ahmadzai's 31.6 per cent. THE ASSOCIATED PRESS

Rocket attacks

Israel steps up Gaza offensive

The Israeli military launched a major offensive Tuesday in the Hamas-ruled Gaza Strip, striking more than 100 sites and mobilizing troops for a possible ground invasion in what Israel called an operation aimed at stopping a heavy salvo of rocket attacks from the Palestinian territory.

At least 19 Palestinians, including three children, were killed in the air and sea attacks, officials said. Israel's military said it targeted the homes of Hamas operatives allegedly involved in rocket fire, militant compounds and concealed rocket launchers.

Israeli officials said the army has been authorized to mobilize an additional 40,000 troops.

THE ASSOCIATED PRESS



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metronews.ca Wednesday, July 9, 2014 metr⊕ **BUSINESS**

Market Minute



DOLLAR 93.66¢ (no change) 15,137.18 (-35.75)





Natural gas: \$4.20 US (no change) Dow Jones: 16,906.62 (-117.59)

Potato-salad party?

You like potato. I like potahto let's have a party!

An Ohio man who jokingly sought \$10 US to pay for his first attempt at making potato salad has raised more than \$37,000 from a crowdfunding Internet site.

Zack "Danger" Brown, of Columbus says he's now considering throwing a huge public potato-salad party with the money, which started pouring in after his request took on a life of its own.

Six days into the campaign, he's raised money from more than 3,400 backers worldwide.

The 31-year-old co-owner of a software company says he hasn't been getting much

Brown tells The Columbus Dispatch that he did it for the "pure enjoyment and silliness of life." THE ASSOCIATED PRESS



Attempt to hike pop tax is going flat

Bubbled up and over.

Repeated efforts in the U.Ś. to tax sugary drinks at higher levels, like cigarettes, have failed

If two of the most progressive U.S. cities don't pass a tax on sugary drinks, will the idea finally fizzle out?

Sugary drinks have been under fire for years, with many blaming them for rising rates of obesity and chronic diseases. Yet efforts to curb consumption by imposing taxes and other measures have failed, in part because the beverage industry has spent millions to defeat the efforts.

Now, the question of whether a bottle of Dr Pepper with 64 grams of sugar should be treated like a pack of cigarettes is being considered in San Francisco

and Berkeley, with the two California cities aiming to become the country's first to pass per-ounce taxes on sugary drinks.

The stakes are high, especially given the Bay Area's reputation for liberal politics. If approved, Coca-Cola, PepsiCo and other companies fear it could galvanize health advocates elsewhere. If defeated, the idea of a soda tax could be dead.

"The industry is really motivated to beat us here. If they can beat us in San Francisco and Berkeley, nobody is going to take them on," said Larry Tramutola, the political consultant handling the campaign in support of the tax in Berkeley. The odds aren't in favour of taxes. Since 2009, about 30 special taxes on sugary drinks have been introduced around the U.S. Few have gained traction and none have prevailed.

THE ASSOCIATED PRESS



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VOICES

SO YOU WANT TO BE A LEMONTREPRENEUR ...

OK, kids. School's out. The sun is shining. Are you thinking what I'm thinking?

Yup, it's time to open a lemonade stand.

Don't roll your eyes at me, Buster, and listen up. Lemonade stands are a kid rite of passage. Capitalism with training wheels.

It's easy! The barriers to entry are ridiculously low. All you need is a card table, a hand-painted sign and, of course, a big, frosty jug of product.

Don't worry about all those bylaws and regulations you are no doubt violating. At this stage of the game, everyone thinks you're cute because you're eight. If the cops try to shut you down, you post the bust on Instagram and in no time, you're viral.

It's not until you turn into Conrad Black that you have to worry.

You probably won't be surprised, but the Internet is full of advice for budding lemonade magnates. Ten tips for this, 15 tips for that. It gets so complicated, you might as well go straight to a food truck and skip the MBA altogether.

You really need to keep a couple of key points in mind:



Paul Sullivan metronews.ca

Let's face it. Being cute is your primary product. It helps to have big eyes and dimples. The cuter you are, the more you can charge for the lemonade. If you're not cute, find a partner who is. Plus, if there's more than one of you, you're covered if you have to go to the bathroom.

And speaking of pricing, lemonade expert Norm Brodsky (there is such a thing) recommends charging \$1.25-\$1.50 a cup because you're cute. That's great, but discount pricing is more effective. Start with 99 cents a cup and escalate by 10 cents for every two-degree increase in air temperature. Cute is good, but thirsty is better. Of course, we don't have pennies anymore, but 99 cents still sounds like a bargain to potential customers and everyone's OK with

rounding it up to a buck. If things are slow, offer the second glass free. Works at the outlet mall.

My other tip is don't go all artisan on your first try. Freshsqueezed local organic lemonade may sound good, but it's expensive and labour-intensive. You want to spend your time counting

Not just kiddie stuff

Just sit there and eventually everyone else will pack it in. Trust me, this works too. Even when you're all grown up.

your profits, not squeezing lemons. You're looking for a reliable, tasty product, which is available at your friendly neighbourhood supermarket. Pour the carton into a jug filled with ice, and eureka: fresh lemonade, not from concentrate. Add a little sugar if you like. Works for Coca-Cola.

Don't worry about the competition. At this point, it's all about attention span, and you know from experience that the average eight-year-old's is about four seconds. Just sit there and eventually everyone else will pack it in. Trust me, this works too. Even when you're all grown up.

Finally, do not keep cash on hand. Never forget there are big kids out there who have their own business plan.

And welcome to the real world, sunshine!

DUCKING BRILLIANT



The Power of Duck: The cuter, more eco-friendly way to farm

Developed in 1989 by Takao Furuno, a farmer in Fukuoka prefecture in Japan who rediscovered a 1,000-yearold technique, duck-rice farming allows for the production of healthy and delicious rice while relying on less labour than other methods.

From its beginnings, it has made its way to nearby ricegrowing countries like South Korea, China, Vietnam, the Philippines, Thailand, and faraway ones like Iran.

Rice grown using this method is more resistant to typhoons and other problems, and some farmers who have begun using it have called it a "gift from God."

This method is beneficial from a cost standpoint in that farmers will no longer have to purchase expensive chemical fertilizers or pesticides.

And the fact that extra money can be made when the fully grown ducks are sold off is another factor that many find appealing. web-JAPAN.org

No quackery here

The method involves releasing aigamo ducklings into a rice paddy about one or two weeks after the seedlings have been planted.

- The ducklings help the rice seedlings grow by eating both insects and weeds that get in the way.
- In addition, their droppings become an important source of natural fertilizer.

METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 12 in Scene, page 15 in Life and page 19 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

- 1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
- 2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar
- 3. Voilà! You should see the AR in action like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device



MetroTube

Potential beary scary ending averted



ANDREW FIFIELD

Among the rites of spring and early summer are bears shaking off the cobwebs of a very long sleep and lumbering out into the world in search of some breakfast. Sometimes that search takes them into homes. Sometimes it takes them into vehicles.

However, sometimes it also takes them headfirst into a jar, a situation that can have a very sad end if they get stuck. Which is why we're happy for the efforts of heroes like these Wisconsin gentlemen, who enlisted the help of a tree-lugging hunk of heavy equipment called a forwarder to ride to the rescue. (Vern Styles/YouTube)





MARLENA SLOSS/THE ILINEAU EMPIRE/THE ASSOCIATED PRE



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12 SCENE metronews.ca Wednesday, July 9, 2014

Monkey-maker shake up

Suiting up as a simian.

Going ape gets simpler as new Dawn of the Planet of the Apes trades time in the make-up chair for the magic of digital



IN FOCUS Richard Crouse scene@metronews.ca

Roddy McDowell's 1974 appearance on the Carol Burnett Show was something a little different. How often do you see a big TV star singing a love duet with an ape?

Burnett introduced McDowell as, "one of Hollywood's most familiar faces," then feigned shock when the actor came onstage in a tuxedo, but in full Planet of the Apes facial make-up. McDowell starred in four of the Planet of the Apes films and in the TV spries.

For the next few minutes they engaged in some tom-foolery — McDowell says he's been working on his tan in Palm Springs and when asked which of his movies has had the most profound effect on him he sidesteps the obvious and recites a soliloquy from Cleopatra — before launching into a spirited version of the Jerome Kern love ballad They Didn't Believe Me. By the end of the tune the audience roars as Burnett warbles, "When I told them how wonderful you are, they didn't believe me," as she mimes picking a bug off his lapel.

Later she thanks Roddy for undergoing the three-and-ahalf hours it took to put on the make-up for that bit of funny business

It's not likely you'll see Andy Serkis, star of the latest slice of simian cinema, Dawn of the Planet of the Apes, partaking in the same kind of promotional monkey business.

These days Serkis, who is





AUGMENTED REALITY

→ Want to watch something awesome? Scan this photo with your Metro News app to watch a video of the actors from Dawn of the Planets of the Apes transform into their ape characters.



→ See the full instructions on Metro's Voices page.

Hair-raising experience

Times have changed since McDowell had to endure untold hours in the makeup chair, then smoke using an extra long cigarette holder so as not to light his faux fur on fire.

 "It's about a foot long and makes me look like the weirdest monkey you ever did see," Mc-Dowell told Newsday.

best known for his motion capture performance of Gollum in the Lord of the Rings films, performs on a soundstage in front of multiple cameras that film his performance from every angle. He wears a body suit dotted with spots that allow the computers to register even the slightest movement. Serkis calls this "a magic suit" that "allows you to play anything regardless of your size, your sex, your color, whatever you are." Later, in post production the "digital make-up" adds in the costume and character details.

It saves hours in the makeup chair, but is no less a performance than McDowell's more organic approach. "I've never drawn a distinction between live-action acting and performance-capture acting," Serkis says. "It is purely a technology. It's a bunch of cameras that can record the actor's performance in a different way.

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PER MONTH

metronews.ca Wednesday, July 9, 2014 SCENE 13

Fans all shook up over King's jets



Graceland. Priscilla Presley tries to calm furor over possible removal of planes

Priscilla Presley is asking fans of her late ex-husband Elvis Presley to "please calm down" after a report that two jets once owned by the singer could be removed from Graceland.

Fans have posted critical comments on Facebook since The Associated Press reported last week that Elvis Presley Enterprises informed the owners of the Lisa Marie and the Hound Dog II to prepare to remove the planes when their agreement ends next April.

Elvis Presley Enterprises operates the Graceland tourist attraction, and OKC Partnership owns the planes. On July 2, Priscilla Presley

On July 2, Priscilla Presley posted a comment on her Facebook page saying: "I see your posts about the planes. Please calm down, we're in the midst of negotiations. It's as simple as that. Thank you."

On Sunday, she posted an-

other statement.

"I'm reading what you are saying, but listen, the people who own the plane put the release out to intentionally upset everyone. We're on top of it. Thank you for your trust in us. We will soon be putting out a release about some new and exciting things happening at Graceland."

It was not clear from the posting if the mention of negotiations means there's a possibility the planes could remain at Graceland. Some of the Facebook comments were supportive of Priscilla Presley.

The planes were bought by Elvis Presley in 1975 and used on concert tours. They were sold after his death on Aug. 16, 1977, and were eventually purchased by OKC Partnership in Memphis.

OKC Partnership and Graceland agreed to bring the two jets to Graceland in the mid-1980s. Their agreement called for OKC Partnership to receive a cut of ticket sales in return for keeping the planes there.

Earlier this year, Elvis Presley Enterprises sent a letter to

OKC Partnership's K.G. Coker, asking Coker "to make arrangements for the removal of the airplanes and the restoration of the site on or shortly after April 26, 2015."

Coker said Monday that the contents of the letter were released after he was contacted by a reporter and he has not negotiated with Elvis Presley Enterprises since the AP story was published. Coker has acknowledged that he and his partners would lose money from ticket sales if the planes were removed.

Meanwhile, Elvis Presley Enterprises and OKC Partnership are embroiled in a lawsuit filed May 27 in Shelby County Chancery Court over a dispute about how tickets to the airplane exhibit are sold.

THE ASSOCIATED PRESS

Agreement talks

"Please calm down, we're in the midst of negotiations. It's as simple as that."

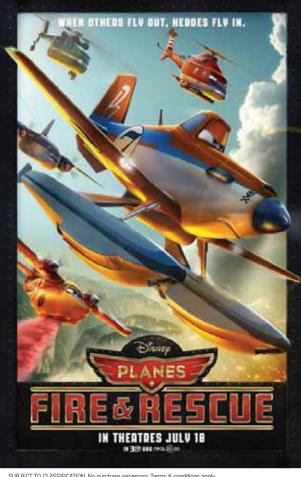
Priscilla Presley in a Facebook post to fans

Comedy series

It's another small screen project for Soderbergh

Following his early retirement from filmmaking, Steven Soderbergh has become more present than ever on the small screen. After The Knick for Cinemax, the director is putting on his producer hat again for Amazon Studios' new comedy Red Oaks, the cast of which has just been revealed. Created by Gregory Jacobs, one of Soderbergh's frequent collaborators, the pilot is directed by David Gordon Green. Set in suburban New Jersey in 1985, the story follows David Myers, a college student who spends his summer working as an assistant tennis pro at Red Oaks Country Club. AFP





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JLaw shows Emma Watson some goofy love with playful shove

Jennifer Lawrence is at it again. The Hunger Games star headed to Paris for the Christian Dior fashion show held during Paris Haute Couture Fashion Week looking lovely as always, though she did risk a wardrobe malfunction by almost flashing a bit of side-boob upon her arrival.

Not that she was at all fazed. Later, with a strategically placed leather jacket added to her outfit, Lawrence showed off her trademark goofiness while posing for photos with Harry Potter star Emma Watson, grabbing Watson's face and shoving it away playfully. That's our girl.

Twitter



@kirstiealley

2 all of you who work out at 5:30 AM...I tried it.
I'm never doing it again. You are stupid. I blame you
for the worst morning of my life



@OfficialAdele

Everyone tweet a picture of yourself with water! Drinking, showering, cooking, cleaning...



@justinbieber

No ifs, ands, or butts, Sofia's got what True Blood star wants

Sofia Vergara apparently didn't want to stay single for long, as the Colombian beauty is reportedly dating True Blood star Joe Manganiello, according to People magazine. "They just started hanging out," a source says, though reps for both are keeping quiet about any shenanigans. Manganiello made no secret about his finding Vergara attractive while she was engaged to ex-fiancé Nick Loeb, though. "There was a picture someone snapped at the White House Correspondents' Dinner where they caught me looking at Sofia Vergara's butt," he previously told People. "I don't go after other people's women. She's got a guy. If she was single, I would be like, poof!" And now he has apparently been like, poof.





Phone hack leaks are a tempest in a Demi-tasse for Lovato and Valderrama

There are apparently no hard feelings between Demi Lovato and Wilmer Valderrama after his phone got hacked last week, resulting in nude photos of Lovato making their way online —

along with snarky comments calling the singer fat. But Lovato was all smiles beside Valderrama in photos posted to Instagram just a few days later of them hanging out in Las Vegas with some friends.

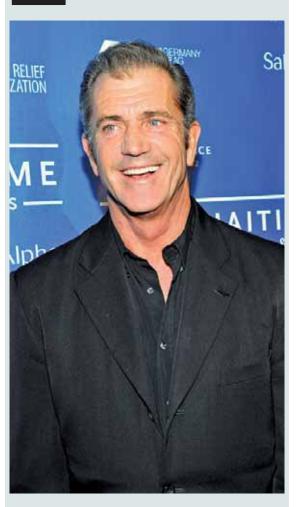
Custody battle rattles Clay's political bid

Clay Aiken is eager to see his bid to become a North Carolina congressman through, but he may not like the scrutiny over his personal affairs his campaign is bringing — like a report that he's receiving monthly child support from his son Parker's mom, Jaymes Foster, as they continue a custody squabble over the 5-year-old boy, according to Radar Online.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Gibson takes the Mel out of mellowed



NED EHRBAR Metro in Hollywood

Guys, seriously. Mel Gibson is super-tired of everyone always bringing up his past troubles — specifically that time he got popped for driving under the influence in Malibu, called a female cop some very colourful names and had a few things to say about the Jewish people. But that was, like, a long time ago. "It's behind me. It's an eight-year-old story,' Gibson calmly explains to the Hollywood Reporter. "It keeps coming up like a rerun, but I've dealt with it and I've

dealt with it responsibly and I've worked on myself for anything I am culpable for. All the necessary mea culpas have been made copious times, so for this question to keep coming up, it's kind of like ... I'm sorry they feel that way, but I've done what I need to do."

Also on the list of things Gibson doesn't want to talk about? His upcoming projects. "There are specific things, but I don't want to talk about them, you know why?" he said during the warm and fuzzy chat. "Because every time I do somebody else goes and does it. It's a kind of industrial espionage thing and they do it badly for TV."

Kind of makes you wonder why he even sat down for the interview at all. Oh, right. Expendables 3 comes out next month



Set your sights on a stunning Slovenian cycling adventure

Bike and beyond.

Think you're too old to withstand the rigours of an outdoorsy holiday? Nonsense!

RUTH ATHERLEY

My first reaction to the idea of taking BikeHike's active adventure tour to Slovenia and Croatia (the Alps to Istria) was: "What?", "Where?" and "Why?"

While I am healthy and reasonably fit, I thought I might be too old (over 40) for an adventure tour.

I couldn't have been more wrong.

In fact, more and more people over 40, 50, 60 and even 70 are choosing tours that take you outside the gates of an all-inclusive and into an incredible, active, authentic and connected experience.

After all, 60 is the new 40!

The fact that BikeHike Adventures is celebrating their 20th anniversary this year tells me that they have a lot of experience with these types of tours. This tour is defined as

This tour is defined as "moderate," which means you need a reasonable fitness level because you bike, kayak or hike for up to five hours per day.

The good news is that a support vehicle follows the group in case someone needs a break.



The activity level is enough to make you feel like you accomplished something (and appreciate the glass of wine or cold beer at the end of the day), but doesn't push you beyond your limits. It offers a good balance of activity, relaxation and time to explore local culture.

This eight-day group trip, one of BikeHike's most popular European tours, begins in Slovenia and wraps up in Croatia.

BikeHike's maximum on any trip is 12 people, with a minimum of two, so it is always a small group. The "land only" cost is \$2,999 U.S. per person (with no single supplement). It covers almost everything once you are on the ground, including the tour guide, transportation of your luggage, support vehicle, bikes, kayads, most meals and accommodation

Slovenia and Croatia are largely undiscovered gems, which means it is still possible to have an authentic, "non-touristy" experience.

The regions visited on this tour are a culinary and wine lover's paradise. They could be compared to some parts of Italy for food, wine and history, but with their own unique and — as yet — undiscovered charm.

Along the way, there is an overnight stay in a mountain hut in the Julian Alps, hiking through green pastures and alpine mountains, cycling and several wine tastings through the Brda wine region (known as "Slovenian Tuscany").

This itinerary goes through lands of castles, vineyards, small white churches and friendly villages.

It is a perfect balance of the road less travelled and the opportunity to step into

AUGMENTED REALITY

→ Want to see more? Scan this photo with your Metro News app for a gallery of images of BikeHike's tours of Slovenia and Croatia.

→ See the full instructions on Metro's Voices page.



a magical world full of history and charm — one that hasn't been overwhelmed by tour buses and big groups.

In Croatia, there is more vineyard cycling on the legendary route of the Parenzana, called "The Railway of Wine" — with a rich history of its own. Visiting local villages and medieval towns along the route brings the past alive.

Meeting locals, making friends in the small tour group, and stepping into moments right out of history creates once-in-a-life-time memories different from anything you could possibly expect.

Sometimes moving out of your comfort zone takes you into amazing experiences that you never could have imagined and, now, never want to forget.



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metre 16 SUMMER IN ALBERTA metronews.ca Wednesday, July 9, 2014



A walk to remember

Summer lovin'. Calgary, Edmonton offer great opportunities for those looking for a summer stroll

JENNIFER ALLFORD

Sure, they call Paris the "city of love" because people like to smooch under the Eiffel Tower and hold hands along the Seine. But the reality is, a romantic river stroll can last a lot longer in Alberta's cities — what with our long summer days and giant Prairie skies. So grab your sweetie and fall in love all over again — with each other and with a romantic stroll along the river

In Edmonton

Enjoy the view over the North Saskatchewan River with a walk from the Lemarchand Mansion west along 100 Ave. NW or descend into the valley to enjoy the kilometres and kilometres of trails that extend throughout the city's spectacular river valley. Stop and explore the dedications on the benches

in Hawrelak Park and walk across the pedestrian bridge to Laurier Park, where you can extend your amour to votre chien at a big and well-loved dog park.

If you want a more urban experience, start your date night by walking around the Alberta Legislature Building just above the North Saskatchewan River. Pause along the manicured lawns to gaze into each other's eyes as well as take in the building's marble pillars and carved oak. There are dozens of historical monuments as well as pretty walking paths at the Leg, which was completed in 1913 (making it a scant 24 years younger than the Eiffel Tower).

Head from the legislature across the High Level Bridge — where couples have walked for a hundred years — to take in the view, the rushing river below and the day's blue sky turning evening orange and pink above. On the other side,

pop into the High Level Diner for a meal or a snack and feed each other french fries dipped in the diner's beloved homemade ketchup.

In Calgary

Start revving up the je t'aime with window shopping along Kensington Road. Stop for a coffee or glass of wine at Higher Ground — the site of countless first dates — before heading to the few short blocks to the Bow River.

Spend some time at the award-winning Poppy Plaza at the corner of 10th Street NW and Memorial Drive to take in the metal sculpture, cool lighting and powerful words that remember the men and women who have died in combat over the decades.

After you've taken in the excerpts of poems and speeches — a different kind of love story — head east along the

river pathway to another recent addition to Calgary's core — the Peace Bridge. Join other pedestrians and cyclists crossing the river inside the Spanish designed bridge — maybe stop to take a couple selfie with the intricate red design as a backdrop — and when you emerge, enriched, on the other side of the Bow, turn east and keep walking along the pathway toward Prince's Island Park, Calgary's green oasis in the shadows of downtown.

The site of endless summer festivals and activities, playgrounds and picnic tables, Prince's Island also offers many rocks along the river bank for sitting and watching the water flow. But if you want to keep moving, you can follow the water to the East Village and check on how the new condos are coming in the old industrial 'hood or leave that for the next date, and just head across the

Edmonton River Valley. COURTESY TRAVEL ALBERTA



bridge from Prince's Island to Eau Claire Market and downtown

Instead of attaching a padlock to the bridge and throwing the key over to symbolize everlasting love like the tourists do on bridges all over Paris, here in Alberta we let the skies provide the drama and our lovers are content to just hold hands and watch the ducks.



metronews.ca
Wednesday, July 9, 2014

LIFE 17

Making the most of shmoozing solo

Networking without a net. If you're off to a professional event without an entourage, it's best to prepare a plan in advance

JACQUELINE MARTINZ

TalentEgg.ca

For some people, it's a nervewracking situation. Others don't like the small talk.

Even if they make you cringe, networking events are extremely valuable. They are an opportunity to explore the career options in a profession by speaking to those already working in it — and start making professional connections.

Here are a few tips that might also help you.

Do some extra preparation

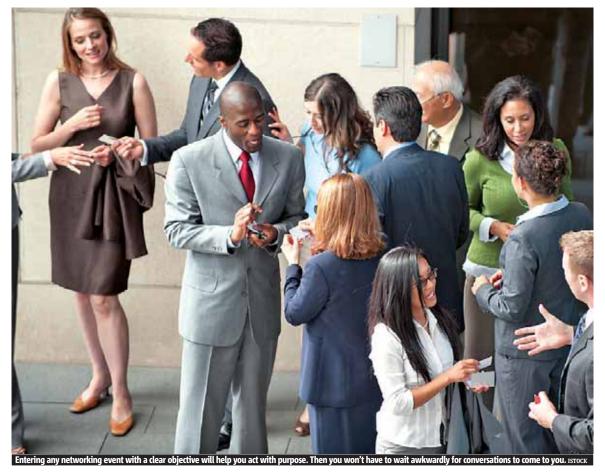
Whether you're a seasoned networker or a networking novice, it can be a little intimidating to walk into a room full of strangers.

If you're not used to attending events solo, spend extra time preparing.

Try and set some tentative goals for the event. Are you looking to make a connection with a particular person or organization? Is there an industry career question you want to explore with an expert?

It's also a good idea to review your past work experience and identify some of your major accomplishments and interesting experiences — these can come in handy if a conversation ends up focused on you.

Talk to the event organ-



izers

If you have absolutely no idea where to start at an event, just ask the team who put it together.

Try to find out the names of the organizers online before attending the event — that way you know who to look for. Usually, you'll find the organizers near the entrance.

Introduce yourself and thank the organizers for

Help me hustle

If you have absolutely no idea where to start at an event, just ask the team who put it together.

putting the event together, then explain why you're attending.

There's a good chance the event organizers will have already connected with a number of people at the event. Ask if they're able to introduce you to someone who might be in your field or working at a company you'd like to learn more about.

Be bold and approach a

Remember, the purpose of a networking event is to meet new people and increase your connections. There is no reason to be afraid to approach others.

Try to find a table with a couple of empty chairs and politely ask if you can join the group.

Introduce yourself, and contribute to the conversation.

Make sure to listen attentively and ask engaging questions — don't make the conversation about you.

When you decide it's

Food for thought

Stand by the bar or near the snacks:

- Don't lurk in a corner!
 People will notice and
 you'll attract attention
 to yourself in a negative
 way.
- At networking events, most people will travel to the bar or food areas at least a few times. These locations are spots where you can easily start a conversation. Recommend a drink or snack option, and then proceed to introduce yourself.
- If you'd like to hear more from someone about their company or get career advice, ask if they'd like to join you at a table to continue the conversation. If the person has coworkers or friends at the event, tell them you'd appreciate being introduced so you can learn more about different facets of the industry.

time to leave, don't get up and walk away.

Take a little time to say goodbye to people you had promising conversations with, and make sure you get the contact information of people you would like to connect with later.

And don't forget, be sure to always thank the organizers as you leave the event.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

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(if you reside out of North Vancouver area)

Meals Provided (During Shifts) Completion Bonus

(if all 7days of 12 HR shift is completed)

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Looking for **Dependable** & **Hard** working professionals who can commit to: **7 to 8 Straight days** (Monday - Monday) of **12 HR shifts** *See below for either **Days** or **Nights**.

NIGHT 7PM - 7AM APPLICATION REQUIREMENTS

Send your Letter of intent/ interest and point form resume (outlining your previous experience transferrable skills) and preferred shifts (DAY or NIGHT) Via Careers@lmsgroup.ca OR Fax: 604.572.6139

Quote: "SILO-July2014" in subject line. We thank all applicants for their interest, however only those who clearly outline the application requirements above will be contacted toward future screening.

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metr⊕

Forget forks with Frittata Fingers

Dinner. Cut it up or keep it whole, no matter how you slice it, this easy meal will satisfy everyone at vour table



EXPRESS

Change things up for a fun and casual dinner that your family will love.

Bake this frittata and cut it up into finger size pieces to serve up as an appetizer or to pack up in a container to take on the road. You can also leave the frittata in larger pieces for the adults but young kids will love the ease they can pick up their din-

Serve them up with a salad for some added crunch and freshness.

Have fun and enjoy a casual laid back dinner. With sweet summer raspberries in the salad you'll have a delicious ending to your day.

- **1.** In 10 inch (25 cm) ovenproof nonstick skillet, heat oil over medium heat and cook, stirring often, potatoes, onion, pepper and garlic for 10 minutes or until golden.
- **2.** In a bowl, whisk together eggs and egg whites, oregano and black pepper. Pour evenly over vegetables in skillet and move around for egg to sink to the bottom. Place in preheated 375 F (190 C) oven for about 12



minutes or until knife inserted in centre comes out clean and top is light golden. Run a spatula around edge and gently slide the frittata onto cutting board; let cool slightly. Cut into 12

thick finger size pieces to

Fresh Raspberry Salad

Choose fresh spring mix and full ripe raspberries for this sweet and sour salad

Be sure to toast your nuts in the oven or in a dry skillet for optimum flavour.

If you are going to a potluck be sure to bring your dressing separately and toss once you are there to enjoy.

1. In large bowl combine spring mix, shallot, carrot and half of the raspberries; set aside the other half.

2. Place remaining raspberries in a fine mesh sieve and

LASH FOOD



From your fridge to your table in 30 minutes or less

Frittata Fingers

- 2 tsp (10 ml) extra virgin olive
- 2 potatoes, diced (about 8
- oz/227 g total) • 1 onion, diced
- 1 green pepper, diced
- 2 cloves garlic, minced
- 3 eggs
- 3 egg whites
- 1 tbsp (15 ml) chopped fresh oregano or 1 tsp (5 ml) dried oregano leaves
- 1/4 tsp (1 ml) fresh ground black

Fresh Raspberry Salad

- 8 cups (2 l) spring mix greens
- 1 shallot, thinly sliced
- 1 carrot, shredded • 2 cups (500 ml) fresh
- raspberries • 2 tbsp (25 ml) extra virgin
- olive oil • 1 tbsp (15 ml) red wine
- vinegar • 1 tbsp (15 ml) chopped fresh
- chives • 1/2 tsp (2 ml) Dijon mustard
- 1/4 tsp (1 ml) pepper
- 1/3 cup (75 ml) slivered almonds, toasted

using a spatula press them through into a small bowl to remove the seeds. Discard raspberry seeds. Whisk in oil, vinegar, chives, mustard, and pepper into the raspberry puree. Drizzle over salad greens and toss to coat. Sprinkle with almonds.

Six scrumptious shades of green

- 1. Bring a large pot of salted water to a boil. Fill a large bowl with ice water and have it near the stove.
- 2. Add the green beans to the boiling water and blanch for 1 to 2 minutes, or until crisp-tender and bright green. Use a slotted spoon to quickly transfer them from the boiling water to the ice water. While the green beans cool, add the asparagus to the boiling water and blanch for 3 to 4 minutes, depending on the thickness of the stalks, until just barely tender.

Transfer the asparagus to the ice water with the green

- 3. Once they have cooled, drain the green beans and asparagus, pat them dry and transfer to a large bowl. Add the snow peas and zucchini.
- 4. In a small bowl, whisk together the olive oil, shallot, orange zest and juice, vinegar and mustard. Season with salt and pepper. Pour the dressing over the vegetables and stir gently to coat well. For best flavour, allow the vegetables to mar-

inate in the dressing for at

5. Serve topped with sliced

avocado, grated manchego cheese, sprigs of dill and a drizzle of honey.

THE ASSOCIATED PRESS

- 12 oz fresh green beans, cut into 2-inch pieces
- 1 bunch asparagus, cut into
- 2-inch pieces • 1 cup snow peas, sliced length-
- 1 medium zucchini, halved, seeds scraped out, then cut into thin half
- 2 tbsp extra-virgin olive oil
- 2 tbsp grated shallot
- Zest and juice of 1 orange
- 2 tbsp sherry vinegar • 1 tsp Dijon mustard
- Kosher salt and ground black pepper
- 1 avocado, sliced
- Manchego cheese, to serve
- Fresh dill, to serve
- Honey, to serve



metronews.ca Wednesday, July 9, 2014

Eskimos

Edmonton signs former Als RB

The Edmonton Eskimos have signed running back Noel Devine.

Devine spent the last two seasons with the Montreal Alouettes, where he recorded 22 carries for 90 yards, 13 catches for 131 yards, 34 kick returns for 787 yards, and 28 punt returns for 252 yards.

Prior to entering the CFL, he spent four seasons (2007-10) with the West Virginia Mountaineers. He recorded 728 carries for 4,315 yards and 29 touchdowns; 98 catches for 710 yards and two touchdowns; and 34 kickoff returns for 736 yards. THE CANADIAN PRESS

Argonauts

Toronto extends tackle Van Zeyl through 2016

The Toronto Argonauts have signed national offensive tackle Chris Van Zeyl to a contract extension through the 2016 season.

Van Zeyl was named a CFL all-star last season. He has played in 76 games, including 65 starts, in more than five seasons with the Argonauts.

The six-foot-six, 309-pound native of Fonthill, Ont., was part of the team's 100th Grey Cup winning season in 2012 while protecting star quarterback Ricky Ray.

"I am thrilled to extend my contract with the Argonauts," Van Zeyl said in a release. "Since I've been here, this team has made it a priority to fill our lockerroom with exceptional players." THE CANADIAN PRESS

The semifinal of schadenfreude

World Cup. Germans break hearts of a nation after breaching Brazilian defence early and often

With Neymar out injured, just about everyone in Brazil knew it would be tough against Ger-

Nobody ever expected this. The Germans tore apart Brazil's porous defence time and time again Tuesday, routing the hosts 7-1 in the World Cup semifinals, the largest margin of defeat at this stage in the history of the tournament.

We wanted to make the people happy ... unfortunately we couldn't," said Brazil de-fender David Luiz, who had scored in each of the last two matches. "We apologize to all Brazilians,"

The astounding scoreline is sure to overshadow Miroslav Klose's record-setting 16th career World Cup goal. The strike pushed Klose past Brazil great Ronaldo, who was at the Mineirao Stadium on Tuesday as the Germans advanced to their eighth World Cup final.

Germany will face either Argentina or the Netherlands on Sunday at the Maracana Stadium in Rio de Janeiro with a chance to win for the fourth

Brazil was playing without Neymar, who was ruled out of the tournament with a broken vertebra, and suspended captain Thiago Silva.

The atmosphere at the start of the match was spine-tingling, but the euphoria of the







yellow-shirted thousands soon turned to tears as the Germans scored five goals in the first 30 minutes — four of them in a seven-minute span.

The loss matched Brazil's

most-lopsided defeat ever, and it's the first time the team has lost in an official competitive match on home soil since 1975, when Peru won 3-1.

Toni Kroos and Andre Schuerrle scored two goals each, while Thomas Mueller and Sami Khedira added the others. Oscar pulled a late goal back for Brazil.

"Brazil was shocked after the goals. They did not expect that. They did not know what to do," Germany coach Joachim Loew said. "Their defence was not organized. A little humble-

Clippers sale. Donald

Sterling shows up for trial

AUGMENTED REALITY

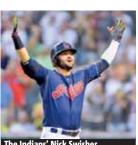
- → Scan the image with the Metro News app to view more images of Tuesday's game.
- → See the full instructions on Metro's Voices page.



ness would not hurt now." THE ASSOCIATED PRESS

Michael Brantley homered and had three RBIs, Nick Swisher hit a go-ahead tworun shot and the Cleveland Indians stopped rookie sensation Masahiro Tanaka's bid to become the major league's first 13-game winner Tuesday night with a 5-3 victory over the New York Yankees.

Tanaka (12-4) allowed season worsts of five runs third time in four starts. THE ASSOCIATED PRESS



celebrates after hitting a two-run home run against the Yankees on Tuesday. JASON MILLER/GETTY IMAGES

Decision 2.0

James tight-lipped about meetings

LeBron James worked out and had a meeting agenda Tuesday in Las Vegas.

If James knows where he will be playing next season, he still isn't saying.
The four-time MVP is

expected to meet with Miami Heat president Pat Riley before making a final decision on his NBA future, and a person close to the situation said that meeting had not happened as of Tuesday afternoon. THE ASSOCIATED PRESS

Donald Sterling, fighting his wife's planned \$2-billion sale of the Los Angeles Clippers, arrived in court Tuesday to give testimony but

sat stolidly as a psychiatrist testified that he's mentally incapable of handling financial affairs.

Sterling was ordered to take the witness stand after failing to appear for the start of the lawsuit trial on Monday afternoon.

His lawyers are challenging the authority of Shelly

Sterling under a family trust to unilaterally cut a deal for the team with former Microsoft CEO Steve Ballmer.

NBA owners are scheduled to vote on the Ballmer deal on July 15. It's also the day that Ballmer's offer is set to expire — and there is no deal without the judge's approval of the sale.

If the sale isn't completed by Sept. 15, the league said it could seize the team and put it up for auction.

THE ASSOCIATED PRESS

MLB. Indians tee off on Yankees' rookie sensation

and 10 hits in 6 2/3 innings. The right-hander lost for the

ash Discounts and do not include trademark of Chrysler Group LLC. with a Purchase Price of \$20,798/\$39,998 include Consumer Cash Jeep is a registered trade Sport 4x4/2014 Jeep Grand Cherokee Radio Inc. of \$3,511/\$6,753 and a ime than any other SUV. over its lifetime credit through RBC, and City: 10.3 L/100 km (27 MPG). and are deducted V6 8-speed automatic - Hwy: 7.0 L/100 km (40 with \$0 down payment s Small Sport Utility segr on the new





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Wednesday, July 9, 2014

DRIVE 2

2014 Honda Odyssey

- Type. Four-door, 7- or 8-passenger full-size minivan
- Engines (hp). 3.5-litre V6 with cylinder deactivation (248)
- **Transmission.** Six-speed automatic
- Base price. Base \$29,990, as-tested \$32,045 (plus destination)

Market position

Only a handful of competitors remain in this segment, and manufacturers offer numerous features — along with incentives — to woo buyers away from alternatives. Honda scores with an excellent powertrain and roomy interior.

Points

- The top-line Touring includes an integrated vacuum cleaner to handle the inevitable minivan messes.
- Improvements to the 2014 model include minor styling changes, four-way power passenger seat on all models, and on the EX and up, a blind-spot display that shows up in the centre screen.
- The set-back front centre console leaves enough floor



space so a purse or pack can be kept within easy reach.

Interesting features

Rear-view camera, secondrow climate controls, eight-way power driver's seat, Bluetooth streaming audio, front-seat antiwhiplash head restraints, three-row curtain airbags with rollover sensor.

This isn't your mother's minivan



Compare

PHOTOS: CONTRIBUTED



1 Dodge Grand Caravan Base price: \$27,995 The "original minivan" still scores on price and its exclusive fold-into-the-floor second-row seats.



2 Toyota Sienna Base price:\$29,120 Great performance and comfortable ride make this the Odyssey's closest competitor, but it can get pricey.



Kia Sedona Base price: \$28,695 Expect deep discounts on 2014s in preparation for the all-new 2015 model's arrival.

Review. The Honda Odyssey offers light steering, a smooth, car-like ride and decent fuel economy

JIL MCINTOSH

At one time, minivans were the top choice for family vehicles, but they fell out of favour as buyers went to SUVs and crossovers. Still, you can't beat them for moving a full load of passengers and cargo, and Honda's Odyssey is a standout.

It's pricey, ranging from \$29,990 for the base LX to a high of \$48,050 for the top-line Touring, but you do get a lot of features for the money. My tester was the SE, the next trim up from the base model, at \$32,045.

The Odyssey uses a 3.5-litre V6 engine with a nifty cylinder deactivation feature. When you don't need full power, such as when you're cruising at a steady speed, the engine can run on four or even three cylinders to save fuel. It happens automatically, and so smoothly that it's almost impossible to feel the engine switch over. I averaged just 9.2 L/100 km in it, which is pretty good for a van this size, especially since I drove it most of the time with it loaded up.



Part of that fuel economy is also due to its sixspeed automatic transmission, which is now used on all trim lines. On the 2013 models, only the top-end Touring had it, with all others using a five-speed automatic.

For its size, this minivan handles extremely well, with light but accurate steering, and a car-like ride that's smooth, but not so soft that it wallows around turns

The Odyssey is definitely designed for practicality. There's a lot of room for accessing the third row, and the seats are very easy to fold flat when you need extra cargo space. The front console box can be taken out if desired, and the middle seat in the second row slides forward so those in the front can attend to a child in that seat.

Even the base trim line includes power front seats, a rear-view camera, Bluetooth, and USB interface. Before you automatically head to the SUVs, give the minivan one more look.



metre 22 DRIVE metronews.ca Wednesday, July 9, 2014

Top money wasters for your ride

Whether it's an add-on cosmetic upgrade, a go-fast engine part, some electronics, cleaning products or even a pour-in-your-tank-for-fifty-horses additive, the options to enhance your ride seem limitless. There's just too much cool stuff on the market that you DON'T have.

But with more products and more marketing come more ways to potentially waste great piles of one's time, patience and hard-earned cash. Here's a look at some products that are just a plain waste of your money, depending on how and what you drive.

JUSTIN PRITCHARD

High-octane gas

If your car requires 87 octane and you feed it pricier 91 or 94 octane hoping for some performance benefit, you're wasting about 15 cents a litre. Higher-octane fuel has no additional energy — so it won't make your stock Honda Civic or Chevrolet Cavalier a spec more powerful. Unless you're driving a high-performance car that's factory-engineered to run high-test fuel, save your money. Your owner's manual has the scoop on the grade of fuel your ride needs.



Monster truck tires

They're everywhere: bro trucks. These jacked-up Tundras and Titans and F250s tower above traffic, take up multiple parking spaces at Sears and frighten folks driving Miatas and smart cars. You probably want one. Just remember — those giant monster truck tires will reduce your truck's ability to handle properly on pavement, use up considerable additional fuel, throw off your speedometer and typically make helicopter noises at highway speeds. Lift kits are great for off-roaders — but they can adversely affect handling, suspension durability and aerodynamics, too.



Brake 'upgrades'

Slotted and cross-drilled brake rotors or "track" brake pads are designed to maintain consistent stopping performance when exposed to the extreme levels of heat generated by driving on a racetrack. Driving on the street doesn't generate these levels of heat, so in a car driven exclusively on the road, fancy brake parts are a cosmetic upgrade and little else. Some "track pads" offer limited performance until they're hot — meaning that on the street, stopping power could suffer if you use them.



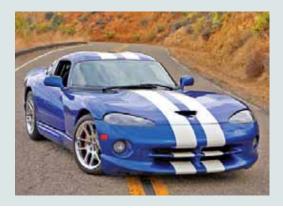
Expensive synthetic oil

Synthetic oil offers protection designed for high-performance, track-going Porsches, Ferraris and Lamborghinis. Even if you consider yourself an aggressive driver and often redline first and second gear on the street, your engine won't generate enough heat to break down conventional oil — let alone synthetic. Translation? Synthetic oil can amount to expensive overkill. Synthetic oil has other benefits, but do your homework to make sure you're not wasting your money.



Anything claiming to add 25 horsepower for \$9.99

As a general rule, avoid chips, modules or pour-in-tank products sold at department stores, auto centres or online that say things like "+25 Horsepower" on the package. These are typically bogus and targeted toward shoppers with mullets who drive early-90s pickups covered with peel-and-stick chrome. Remember, too, that vague marketing verbiage including "up to," "may" or "can" are used to protect from false advertising claims. That new air filter "can" add "up to" 20 horsepower — but if it adds 0 horsepower, the claim isn't a lie. Plus, without a dyno, you'll never know the difference anyway. On another note, an air filter won't add 20 horsepower — unless the one you're replacing was made of concrete.



EBay exhaust

Be weary of "cheap" exhaust headers, downpipes, mufflers and other parts. Skimping on things attached to your engine is a bad idea — especially when it comes to exhaust parts. Low-quality, knock-off pieces often leak, crack, split and cause major headaches. Plus, they're often time-consuming to remove and reinstall. Seek high-quality parts — and save yourself the headache.







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Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

↑ Aries

March 21 - April 20

Follow your instincts wherever they take you and don't worry that you can't yet see your ultimate destination. It's the journey that matters.

Taurus April 21 - May 21

The grass often looks greener on the other side but the planets warn you should stay right where you are. If you are thinking of changing your job, you are advised to think again.

∐ Gemini

May 22 - June 21

Try not to be suspicious if someone offers you what you really desire today. It could be a trick, but it they could also just want to see you happy.

9 Cancer

June 22 - July 23

Things may seem dull but that will soon change. The full moon in Capricorn on Saturday will compel you to get serious about something that could change your life.

€? Leo

July 24 - Aug. 23

Try something you have not tried before. The Sun's link with Saturn, planet of success, indicates that if you make an effort you will accomplish something out of the ordinary.

M Virgo Aug. 24 - Sept. 23

If you've fallen behind in your work, now is the time to catch up. The planets will give you the energy to get things done but don't go too far.

△ Libra

24

Sept. 24 - Oct. 23

Others may tell you that your recent good fortune was pure luck but you know better. You are the kind of person who is never satisfied with things as they are. Keep reaching.

M Scorpio Oct. 24 - Nov. 22

At home and work you'll have to watch what you say over the next 24 hours as there are some fragile egos out there. You don't need to make more enemies.

Sagittarius Nov. 23 - Dec. 21

Think before you speak.

You may have to get tough, especially when dealing with people who try to play down your achievements, but you'll make a good impression on those who matter.

6 Capricorn

Dec. 22 - Jan. 20

You don't need to change direction, no matter what people might say. You are where you are meant to be and you are following the path that was designed for you.

≫ Aquarius

Jan. 21 - Feb. 19

The tighter you hold on to something over the next few days, the more painful it will be when the full moon takes it from you during the weekend.

H Pisces Feb. 20 - March 20

If you give up on a project now you will regret it later in the year when you realize how close you were to success.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

- 1. Mil. rank
- 4. Swedish cars 9. Islamic leaders
- 14. Irish actor Ste-
- phen 15. Permeate
- 16. Volume units
- 17. Vase
- 18. Father of Confederation who has a Toronto college named after him: 2 wds.
- 20. Patrick of "The Red Green Show"
- 22. Summery shoes 23. Sweat droplet
- 24. 'Sub' finisher
- (Residential area) 26. Compass dir.
- 27. US teeth docs org.
- 29. Stupefy
- 31. __ and void 35. Pesto ingredient
- 37. __ me tangere (Touch-me-not)
- 39. New
- 40. Some Miller beers
- 41. SSW's opposite 42. E-Mail: Multiple-
- people-sending to Newfound-
- land" (The Rock's provincial song) 45. Herman Melville
- tale 47. Breaching beasts
- 48. Nunavut, e.g.
- 50. Curve 52. No
- 53. 'Eight' ender
- 55. Ms. Ripa, briefly
- 57. Frosted 60. "Well done!": 2
- wds. 64. Another type of performer at #32-

72

44

48

- Down 66. Montreal's Mount
- Royal is part of the Hills
- 68. Pique
- 69. Stand-up
- 70. Judy Garland's

daughter Ms. Luft 71. Aussie songstress

70

73

- 72. Paper piece
- 73. Jumbo 74. Keanu character

Down 1. Cookie droplet

- Rock (Gulf of St.
- Lawrence attraction) 3. Ontario cheese

Global Supreme Champion 4. Billboard

which is Frome's (a

British cheese show

since 1861) reigning

- 5. "Can I have please?" (Diner's
- 7. Office, briefly 8. Portions, briefly 9. Literary IDs

74

43

47

10. 'See History Unfold' city in southern Manitoba

58

- 11. Old World buffalo
- 12. Whimper 13. US IDs

- 21. "The Munsters" son
- 25. Fry bread of Inuit cuisine
- 28. Too
- 30. Ms. Saldana 32. Edmonton
- International Street
- Performers Festival type of performer
- 33. Ms. Dunham 34. Chopped tree
- parts 35. Ink stain
- 36. Parliament Hill
- worker 38. PC picture
- 41. Scand. land
- 43. Late night's Mr. Ferguson
- 46. Nobleman's
- home
- 49. Power suit accessory: 2 wds.
- 51. 1976 Joni Mitchell
- album taken from
- the Arabic word for Muhammad's
- journey from Mecca
- to Medina
- 54. Expel
- 56. Reality star Ms. de
- Lesseps 58. Uncanny
- 59. Apprehension
- 60. Lettered trucks
- 61. "Wooow!" 62. "Lean ____" by
- Bill Withers
- 63. Brussels is its cap. 65. Fly type
- 67. "There but for the
- request) grace of God, 6. On the ship 19. Painting stand

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See today's answers at metronews.ca/answers



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1	6	5	7	3	4	2	9	8
7	3	8	1	2	9	4	5	6
9	4	2	8	6	5	7	3	1
6	-1	7	5	8	3	9	2	4
4	5	9	6	1	2	8	7	3
2	8	3	9	4	7	6	1	5
8	9	4	2	5	1	3	6	7
3	2	1	4	7	6	5	8	9
5	7	6	3	9	8	1	4	2

		3				9			
		4	6		8	5			
7				1				2	
	2	1	4		6	7	9		
	3	8	1		2	4	6		
1				8				9	
		9	7		3	2			
		5				6			

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Alyssa Reid
with Virginia to Vegas
July 18
MEDIA PARTNER:
91.7 The BOUNCE



Our Lady Peace July 19 MEDIA PARTNER: 100.3 The Bear



Bachman & Turner July 20 MEDIA PARTNER: 95.7 CRUZ FM



Loverboy
July 21
MEDIA PARTNER: K-97 Edmonton and 96.3 Capital FM



Marianas Trench July 22 MEDIA PARTNER: 104.9 Virgin Radio



Village People July 23 MEDIA PARTNER: 102.3 NOW! Radio and up!99.3 FM



Gord
Bamford
July 24
MEDIA PARTNER:
790 CFCW



Summerland
Tour
Everclear, Soul Asylum
and Eve 6
July 25
MEDIA PARTNER: 95.7 CRUZ FM



The Road Hammers July 26 MEDIA PARTNER: CISN Country 103.9



USS July 27 MEDIA PARTNER: SONIC 102.9

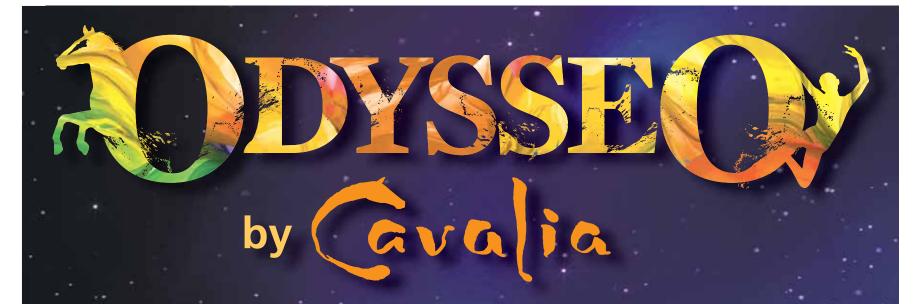
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